

Personal Statement: Andy Barrow

Annual General Meeting 2019

Great Britain Wheelchair Rugby



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Wheelchair Rugby has played a huge role in my life from the moment I began playing in 1998, following my injury the previous year. My career spanned nearly fifteen years and took me from being a teenager who started out playing for fun while he got his life back on track, all the way through to a veteran Paralympian competing at a home Games.

In those early days, I could never have anticipated the journey that our amazing sport would take me on and looking back, I feel privileged to have had the experiences and made the memories that I have done.

After my retirement, I worked for several organisations as an athlete mentor, before pursuing my own projects as a speaker. As well as speaking nationally and internationally in the corporate and education sectors, I support current UK Sport funded athletes with their appearance commitments and do consultancy around assistance services in the transport industry.

For the past three years, I've been a board member for a mid-sized volunteer and care navigation charity in Kent so I now feel like the time is right to return to GBWR, and hopefully use some of the skills I've acquired to give back to the sport that gave me so much.

Therefore, I'm seeking membership to the Board as a co-opted Director and look forward to being able to support GBWR through to Tokyo 2020 and well beyond.