



## WR5s Rule Changes

The following rule changes are applicable for Wheelchair Rugby 5s:

- Teams will consist of five players on court and maximum squad of 12. All players, coaches and team staff **MUST** be registered as GBWR members on the new database system.
- A team can field a maximum of 10 points on court at any one time. Points are allocated using the classification system designed for Wheelchair Rugby 5s.
- Wheelchair Rugby 5s will be played over two periods of 12 minutes With a 2 minute break at halftime.
- The games clock will continue running for the entire period of the game except during the final 2 minutes of each half. During this period the clock will stop for any and all in play stoppages.
- Teams get 2 x 30 sec timeout per game; timeouts can be called during a stoppage or by a player during live play.
- The referee can stop the clock for long periods of inaction, such as for an injury.
- The clock will stop for stoppages when a player(s) are in Sin Bin.
- Contact before the whistle is NOT allowed.
- Teams can have up to 4 players in the bin before the need to substitute more players on court
- No 0.5 reduction for athletes over 45 or for female athletes.
- Substitutions can be made on a backcourt inbound. I.e. after a try has been scored.

### **Great Britain Wheelchair Rugby Limited**

**T:** 020 8831 7645 | **F:** 020 8892 9816 | **E:** info@gbwr.org.uk | **W:** www.gbwr.org.uk | **Twitter:** @GBWRNews

**Registered Office:** Rugby House, Twickenham Stadium, 200 Whitton Road, Twickenham, Middlesex, TW2 7BA

**Registered Company:** 6108379 in England & Wales | **Registered Charity:** 1130038

