

## Course Description

### 1st4sport Level 1 Award for Activators (Wheelchair Rugby)

Great Britain Wheelchair Rugby



## COACHING QUALIFICATION COURSE

### 1ST4SPORT LEVEL 2 CERTIFICATE IN COACHING WHEELCHAIR RUGBY (QCF)

Date of next course	20 <sup>th</sup> July 2019
Course timings	9.00am to 5.00pm
Course location	DMU The Watershed Upperton Road, Bede Island, Leicester, LE2 7A
Cost	£125 for GBWR members   £140 for non-members
For info Contact	<a href="mailto:paul.arnold@gbwr.org.uk">paul.arnold@gbwr.org.uk</a>
For Bookings Contact	<a href="mailto:danielhook@rfu.com">danielhook@rfu.com</a>

#### Course Structure and Requirements

This qualification is a 1 day course and covers the following topic areas:

- Role & responsibilities
- Session organization
- Wheelchair rugby Health & Safety
- Session facilitation
- Wheelchair practical activity

Workbooks for the coaching course are provided in electronic and hard copy and all work will be completed on the day of the course. Learners will also need access to a rugby wheelchair for the course; you can notify GBWR if you do not have a rugby wheelchair to use.

The first half of the course is predominantly theory based and learners will be expected to contribute to group work and complete the written tasks in the classroom. There is also a practical afternoon session, during this part of the course learners are required to take an active part in the sessions as players and as an activator.

Learners will be required to complete 5 written tasks in their workbooks on the course. Learners will also be required to deliver an activator's practical session to the rest of the group.

#### Pre-requisites

To attend the Activators course you will need to:

- be accurately identified
- be at least 14 years of age\*
- hold or be working towards an accepted safeguarding workshop certificate
- be able to communicate effectively in English (this includes listening, speaking, reading and writing)\*\*

\* Any learner who successfully achieves this qualification will not be qualified to fulfil the activator role autonomously until they have reached 18 years of age.

\*\* Learners must be able to understand the requirements of the qualification and the information within the qualification materials in English without assistance. Where there is demand, this qualification may also be available in Welsh or Irish.

#### Recognised Prior Learning (RPL)

Any learners who already hold a recognised Level 2 coaching qualification or a teaching qualification can be exempt from the generic elements of the course and just complete the wheelchair rugby elements.

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Learners asking for exemption due to RPL must be able to provide the tutor with copies of all qualification certificates; these certificates must be valid and in date. If a learner with RPL is attending a course with other learners without an exemption, they will still be expected to contribute and participate in the full course. There is no course fee discount for learners with RPL.