

InstructAbility

FITNESS INDUSTRY TRAINING FOR DISABLED PEOPLE

**Are you disabled?
Ever thought
about being a gym
instructor?**



FREE Training & Qualifications

Level 1 Community Activator | Level 2 Gym Instructor | Level 3 Exercise & Disability



Three Month GLL Work Placement

with community outreach to get more disabled people physically active

Criteria

- ✓ Disabled & Unemployed
- ✓ 16yrs + (no maximum age) with gym user experience
- ✓ Can commit to all training dates and 3 month voluntary placement
- ✓ Able to use own lived experience of disability & exercise to motivate and inspire others
- ✓ Able to work at Level 2 (GCSE) theory standard
- ✓ Willingness to undertake outreach activities in local community

Training at Poplar Baths Leisure Centre: 170 E India Dock Rd, Poplar, London E14 0ED

Selection & Enrolment: Wednesday 14th June 2017 9.00am – 5.00pm

Full attendance required for all Training Dates (approx. 10.30am – 4.30pm) July: 03, 06, 07, 10, 13, 14, 17, 20, 21, 24, 27, 28, 31 August: 04 September: 01, 07, 08, 25, 28, 29 October: 02 November: 10

Placement

Placements are available at various GLL centres. Placements will be decided after enrolment and will commence towards the end of training.

Register interest online now www.instructability.org.uk

Opens for application in May 2017



Contact us at Aspire

Phone, Text, WhatsApp: 07407532197 or 07766923328

Email: instructability@aspire.org.uk

Website: www.instructability.org.uk